

June 30, 2021 Daily Church Email

I pray today with my head, Lord,
lifting it heavenward in adoration.
I pray today with my eyes, Lord,
looking for the things that are not seen.
I pray today with my hands, Lord,
raising them in jubilant praise.
I pray today with my knees, Lord,
bowing in submission and contrition.
I pray today with my feet, Lord,
working with all my might.
May you be pleased with my prayer. Amen.

("Body Prayer", *Prayers from the Heart*, by Richard J. Foster)

Have a blessed day in Christ,
Pastor Julie

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